



**SWAN AQUATICS**  
water safety services

Parker the Penguin



# Preschool Level 2

## Level 2 Preschool Swim

This is my record of Swimming Knowledge:

☐

Entry and  
Exit Safety

☐

Bobbing

☐

Open Eyes  
under Water

☐

Retrieve Objects  
at Steps

☐

Front Float 3  
to 5 seconds

☐

Front Glide  
& Recover

☐

Back Float 5  
to 15 seconds

☐

Back Glide  
& Recover

☐

Roll from Front to  
Back and Back to Front

☐

Combined Arm & Leg  
Action on Front  
and Back

☐

Finning Arms  
on Back

☐

Treading Water 5  
to 15 Seconds

☐

Water Safety